Spring 2022 Field trips
organized by the office of Athletic & Student Activities

Registrations are available online at www.act.edu/fieldtripreg
**Pozar Hot Springs**

**January 23 & February 27**

Cost €30 includes:
- Visit of the Edessa Waterfall
- Transportation to Pozar – “Loutra Arideas”, Entrance ticket to the pool and hot waterfall.

A day trip to the Thermal (Medicinal) Baths of Pozar (near the city of Edessa). Pozar has natural hot springs which maintain a constant temperature of 37°C. Visitors arrive from all over Greece to delve the beneficial properties of the mineral-filled waters. You can choose to swim in the large outdoor hot pool, the hot waterfall along the river or several different indoor pools. Bathing suit recommended. Bring money for snacks and lunch.

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**Mt Olympus Day Trip**

**January 15 & 16**

Cost €40 includes:
- Transportation, mountain guide, school escort.

A day hike on the picturesque northeast slopes of Mt. Olympus. Four hours of moderate walking through “Enipeas” canyon. Sturdy shoes required. Bring snacks, water and money for lunch.

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Sailing trip
March 15-17
(limit to 8 people/sailboat)
Cost €350 includes: 3 sailing days, 2 nights on the boat, on-board self-cooked meals, boat skipper.

This is a 3 day trip in the area of Halkidiki, Greece. No sailing experience is required. In each boat we will have a professional skipper on-board. You can relax, enjoy living on the sailboat and explore beaches and harbors or you can take an active role in handling the sailboat under the watchful eye and direction of a professional skipper.

Meteora Monasteries and Ioannina Cave
February 19-20 & March 12-13
Cost €100,00 includes:
Transportation, Accommodation in 5* hotel in Ioannina (with breakfast), Perama cave, 2 Monasteries and Ioannina old city visit, Faculty guide.

A weekend trip to the Epirus region to visit the 1200m long “Perama cave” in Ioannina with impressive stalactites and stalagmites. We will stay overnight in Ioannina, a magnificent historic town with a beautiful castle and a lake in the center of the town. The next day we will visit 2 of the Meteora monasteries impressively built during the middle ages on the peak of very high rocks and protected as a UNESCO World Heritage site.
FREE!
CULTURAL EXPLORATIONS
OF THESSALONIKI

Saturday noon in a Museum
January 22 | Archaeological museum
February 26 | Byzantine museum
March 19 | Museum of Contemporary Art

for more details contact Ms. Lamprou Daphne (lamprou@act.edu)

All the Field trips and Museum visits can be attended by all ACT students, staff and faculty.

Academic and Student Affairs Office
Athletic and Student Activities
New building, room 100
Tel: 2310 398.228 • Fax: 2310 316.740
email: stepan@act.edu

www.act.edu