

## Supporting the ACT community during the COVID-19 outbreak

**Doctor Georgia Kounti, Pulmonologist, ACT MD. [kounxat@act.edu](mailto:kounxat@act.edu)**

Email Dr. Kounti if you have medical questions, aren't feeling well or have symptoms that could be related to COVID-19. Dr. Kounti will help guide you to the assistance you need.

**Psychologist Nelly Florentin, Psychologist-Psychotherapist, ACT Counselor. [nefloren@act.edu](mailto:nefloren@act.edu)**

Ms. Florentin can offer assistance via email, online counseling sessions via Skype or other platform, or by helping you get in touch with additional resources.

## COVID-19 Crisis Hotline Phone Numbers in Greece

### Medical Resources

National Public Health Organization of Greece: 1135 and <https://eody.gov.gr/tag/en/>

Thessaloniki Medical Association app (only in Greek) <https://drbutton.gr/el/kentriki-makedonia/>

Aiginitio Hospital: 2107297957 (Monday- Friday 10am-4pm)

2107289240 (Saturday- Sunday 10am-4pm)

Skype Accounts: Aiginitio1, Aiginitio2, Aiginitio3, Aiginitio4, Aiginitio5

Municipality of Thessaloniki: 2310501030 or [thessaloniki@solidaritynow.org](mailto:thessaloniki@solidaritynow.org) (Greek and English)

2310509038 (Monday- Friday 07:30am- 2:30pm)

2310260715, 2310860781 (Monday- Friday 08:30am- 3:30pm)

2313318684 (Monday- Friday 8am- 4pm)

2313004800 (Monday- Friday 7am- 11pm)

2313317641, 2313317642 (Monday- Friday 8:30am- 8pm)

Municipality of Kalamaria: 2313314509 (Monday- Friday 7am- 3pm)

Municipality of Pylea- Hortiatis: 2310321546, 2310344791 (Monday- Friday 10am- 2pm)

Municipality of Neapoli- Sykies: 2313329525, 2313313151, 2313502226 (Monday- Friday 10am- 2pm)

Municipality of Pavlos Melas: 2310601527 (Monday- Friday 6pm- 9pm)

Municipality of Evosmos: 2310700082, 231070544

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**For Psychological Help and Support**

Psychiatric Hospital of Thessaloniki: 2313324144, 2313310749 (Monday- Friday 3pm- 8pm, Saturday-Sunday 9am- 8pm)

Greek Psychiatric Association: <https://sessions.melampus.com/en>

The Smile of the Child: 1056 or 116111

Network of Social Solidarity and Support: 1037

National Center of Social Solidarity: 197

Hotline for Depression: 1034

Hotline for Suicide: 1018

Hotline for Family Abuse: 8001188881

Hotline for Abused Women: 15900

Hotline for Substance Abuse: 1145

Hotline for Gender and Sexual Orientation Issues: 11528

Hotline for Grief and Chronic Disease: 2310510010

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