FREE!
CULTURAL EXPLORATIONS
OF THESSALONIKI

Academic and Student Affairs Office
Athletic and Student Activities
New building, room 100
Tel: 2310 398.228 • Fax: 2310 316.740
email: stepan@act.edu

Saturday noon in a Museum
Oct. 7 Archaeological museum*
Nov. 4 Byzantine museum*
Nov. 25 Museum of Contemporary Art*
for more details contact Ms. Lamprou Daphne
(lamprou@act.edu)

All the Field trips and Museum visits can be attended by all ACT students, staff and faculty.

Rafting
Nov. 26
Cost €70.00 includes: Transportation, equipment, light lunch.
A relaxing rafting descent in the crystal clear waters of Venetikos river. The descent of Venetikos river is an easy ride, ideal even for beginners. The scenery is very interesting with the deep vegetation and the turquoise waters that are among the clearest in Europe. The boldest of the visitors can enjoy a refreshing swim in the cold river waters with an average temperature of 9°C year around.

Pozar Hot Springs
Nov. 25 & 26
Cost €30.00 includes: Visit of the Edessa Waterfall, Transportation to Pozar – "Loutra Arides", Entrance ticket to the pool and hot waterfall.
A day trip to the Thermal (Medicinal) Baths of Pozar (near the city of Edessa). Pozar has natural hot springs which maintain a constant temperature of 37°C. Visitors arrive from all over Greece to delve the beneficial properties of the mineral-filled waters. You can choose to swim in the large outdoor hot pool, the hot waterfall along the river or several different indoor pools. Bathing suit recommended.

*organized by the office of Athletic & Student Activities

Fall 2017 Field trips

Registrations are available online at www.act.edu/fieldtripreg
**Vergina**

Sep. 24  
(No fee)

Day trip to the area of Ancient Aegai and a visit to the museum of Vergina which houses the tombs and treasures of members of the Macedonian Royal Dynasty, including the tomb of King Philip II, father of Alexander the Great.

**Mt Olympus Hike**

Oct. 7-8

Cost €70 includes: Transportation, Lodge accommodation, Mountain guides.

We will spend two days hiking the highest Greek mountain (2918m/9577ft). We will drive to 1100m and take a three hour hike to the refuge (2100m) and spend the night at the refuge. The next day the well-prepared and fit students will hike up to the “Muses Plateau” just passing under the peak of the mountain (the hike is demanding; you must be fit). We will return to Thessaloniki in late afternoon hours.

**Sailing trip**

Sep. 29 - Oct. 1  
(limit to 8 people/sailboat)

Cost €350 includes: 3 sailing days, 2 overnights on the boat, food supply, Skipper, group transportation to/from port – if departure is not from Thessaloniki.

This is a 3 day trip in the area of Halkidiki, Greece. No sailing experience is required. In each boat we will have a professional skipper on-board. You can relax, enjoy living on the sailboat and explore beaches and harbors or you can take an active role in handling the sailboat under the watchful eye and direction of a professional skipper.

**Canyoning**

Oct. 14 & 15 (limit 14 people/day)

Cost €70,00 includes: Transportation, equipment, snack, picture CD.

Day-trip to the canyons of Mt. Olympus - we will travel our way down the river by abseiling, scrambling, floating, swimming and jumping off small waterfalls. The trip will be guided by the Baseline Outdoor Activities team.

**Scuba Diving Day Trip**

Sept. 30 & Oct. 14

Cost €70,00 includes: Transportation to a diving center in Halkidiki, diving equipment, 30min lesson, 40min dive (beginners 15ft, advanced/certified 60ft), diving instructors, pictures, light meal.

Few things can leave you spellbound. Scuba diving is one of those. Explore the magic of the underwater world, take courses leading to PADI certification, and more. The dive will be guided by TRITON Scuba Diving Center.

**Mt Olympus Day Trip**

Nov. 5

Cost €30 includes: Transportation, mountain guide, school escort.

A day trip to the northeast slopes of Mt. Olympus with 4 hours of moderate walk through “Enipeas” canyon.

**Halkidiki Beach Day**

Sep. 23

Cost €20.00 includes: Transportation, school escort.

A day trip to a beach in Halkidiki with an organized area with beach chairs, café and restaurant. The area has been awarded a “blue flag” of excellence for the clear water and nice beaches.

**Meteora Monasteries and Ioannina Cave**

Oct. 14-15 & Nov. 11-12

Cost €80.00 includes: Transportation, Accommodation in 5* hotel in Ioannina (with breakfast), Perama cave visit, 2 Monasteries visit, Faculty guide.

A weekend trip to the Epirus region to visit the 1200m long “Perama cave” in Ioannina with impressive stalactites and stalagmites. We will stay overnight in Ioannina, a magnificent historic town with a beautiful castle and a lake in the center of the town. The next day we will visit 2 of the Meteora monasteries impressively built during the middle ages on the peak of very high rocks and protected as a UNESCO World Heritage site.

**Athens & Delphi 2-Night Trip**

Oct. 20-22  
(No fee)

Visit the Acropolis Museum in Athens that houses artifacts from the Greek Bronze Age through Roman and Byzantine Greece, and enjoy a guided tour of the Acropolis with its beautiful Parthenon!

Delphi is the second-most important archeological site in Greece (after the Acropolis in Athens). In ancient times Delphi was considered the place where heaven and earth met so the gods were close-by. Established around the 7th century BC, Delphi was a sanctuary to the god Apollo. It was here that the Oracle of Delphi was situated, the most trusted oracle in the ancient world from which the spirit of Apollo gave advice on everything from domestic matters to wars.

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