



FREE!
**CULTURAL EXPLORATIONS
OF THESSALONIKI**



Saturday noon in a Museum

January 21 | Archaeological museum

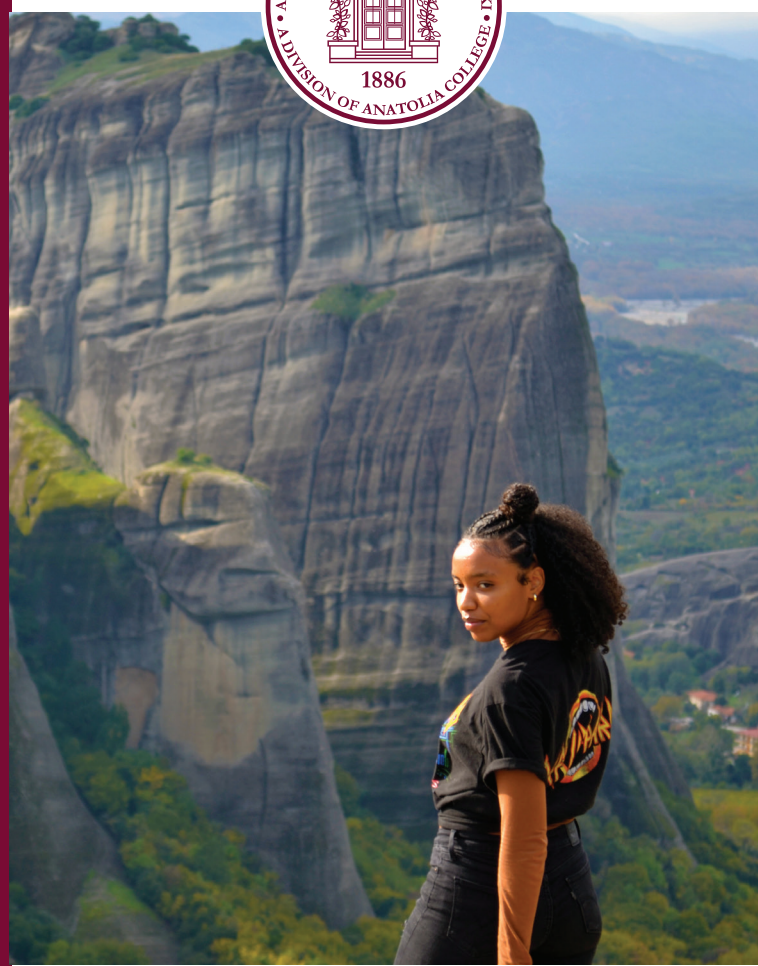
January 28 | Byzantine museum

March 18 | Museum of Contemporary Art

*for more details contact Ms. Lamprou Daphne
(lamprou@act.edu)*

Athletic and Student Activities Office
Stavros Constantinidis Hall, room 203
Tel: 2310 398.228
email: studentactivities@act.edu

**All the Field trips and Museum visits can
be attended by all ACT students, staff and
faculty.**



Spring 2023 Field trips

organized by the office of Athletic & Student Activities

SAVE THE DATE

January 17 Activities Fair
February 16 "Tsiknopempti"



Meteora 2-Days Trip

February 4-5

Cost €120 includes: Transportation, Accommodation in 5 hotel in Ioannina (breakfast incl.), Perama cave visit, 2 Monasteries visit, and Faculty guide.*

A weekend trip to Thessaly region to visit 2 of the Meteora monasteries impressively built during the middle ages on the peak of very high rocks and protected as a UNESCO World Heritage site. In the Epirus region we will visit the 1200m long "Perama cave" in Ioannina with impressive stalactites and stalagmites. We will stay overnight in Ioannina, a magnificent historic town with a beautiful castle and a lake in the center of the town.

Meteora Monasteries Day Trip

March 4

Cost €60,00 includes: Transportation, 2 Monasteries visit, Lunch.

A day trip to 2 of the Meteora monasteries impressively built during the middle ages on the peak of very high rocks and protected as a UNESCO World Heritage site. Lunch in the town of Kalambaka (incl.).

Pozar Hot Springs

March 5 & 12

Cost €40,00 includes: Visit of the Edessa Waterfall, Transportation to Pozar – "Loutra Arideas", Entrance ticket to the pool and hot waterfall.



A day trip to the Thermal (Medicinal) Baths of Pozar (near the city of Edessa). Pozar has natural hot springs which maintain a constant temperature of 37°C. Visitors arrive from all over Greece to delve the beneficial properties of the mineral-filled waters. You can choose to swim in the large outdoor hot pool, the hot waterfall along the river or several different indoor pools. Bathing suit recommended. Bring money for snacks and lunch.



Mt Olympus Day Hikes

March 11 & 19

*Cost €50 includes:
Transportation, mountain guide.*



A day hike on the picturesque northeast slopes of Mt. Olympus. Four hours of moderate walking through "Enipeas" canyon. Sturdy shoes required. Bring snacks, water and money for lunch.

Sailing trip

March 24-26
(limit to 8 people/sailboat)

*Cost €350 includes: 3 sailing days,
2 nights on the boat, on-board self-cooked meals, boat skipper.*



This is a 3 day trip in the area of Halkidiki, Greece. No sailing experience is required. In each boat we will have a professional skipper on-board. You can relax, enjoy living on the sailboat and explore beaches and harbors or you can take an active role in handling the sailboat under the watchful eye and direction of a professional skipper.